

Daily Prayer Book

Since the earliest Christians the Church has offered daily prayer and praise to God at specified hours, a tradition we inherited from our Jewish forebears. We invite you to find a quiet place in our sanctuary and join your prayers with those who have come before and will come after. If prayed with another, the unbolded and bolded print may be spoken by different voices. In conclusion, we invite you to light a candle as a symbol of your prayer.



Prayer for Morning

O Lord, open my lips,
**and my mouth shall proclaim your
praise.**

May the words of my mouth
and the thoughts of my mind
be acceptable to you, O God,
my Lord, my rock, and my redeemer.

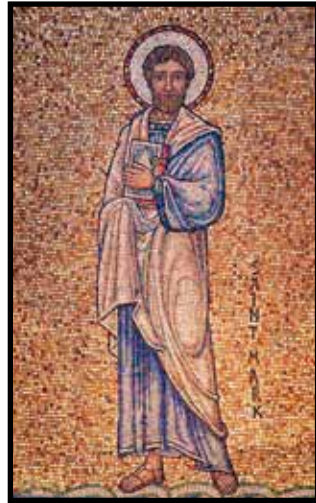
Pause for a moment of silent reflection.

Prayer for the Day

You are above me, O God, you are within.
You are in all things, yet contained by nothing.
Teach me to seek you in all that has life
that I may see you as the Light of life.
Teach me to search for you in my own depths
that I may find you in every living being. **Amen.**

Jubilate (Psalm 100)

Be joyful in the Lord, all the earth;
worship the Lord in gladness;
come into God's presence with shouts of joy.
**Know this: God is God; God made us and we are His,
we are His people, his well-tended flock.**
Enter God's gates with thanksgiving,
and God's courts with praise;
give thanks to God and bless God's name.
For the Lord is good; his love is generous,
and his faithfulness is for all generations.



Scripture and Meditation

Deuteronomy 6.4-7 Isaiah 42.5-8a
Isaiah 40.28-31 Ephesians 5.8-14
Mark 10.42-45 Proverbs 3.13-20
1 Peter 2.21b-25 John 13.34-35

Prayers for Myself and Others

O God, I offer prayer with all God's people for:
the needs of the world...
the well-being of the Church...
for all in trouble, illness, or distress...
for all who make a new beginning this day...

The Lord's Prayer

Our Father in heaven, hallowed be your name,
your kingdom come, your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial
and deliver us from evil.
For the kingdom, the power, and the glory are yours
now and for ever. Amen.



Prayer for Midday

Eternal God, flow through me and open my lips,
that my mouth may proclaim your praise.

Pause for a moment of silent reflection.



Psalm

Teach me, dear God, the way of your truth,
and I shall follow it to the end.

**Give me understanding, and I shall keep your ways,
I shall keep them with my whole heart.**

Lead me in the path of your wisdom;
to do your will is my deepest desire.

**Incline my heart to your love,
and not to envious greed.**

Turn away my eyes from vanity,
and give me life in your Spirit.

**Establish me in your promise,
be faithful to those who are in awe of you.**

Take away from me the rejection that I fear,
for your justice is good.

**See, my delight is in your ways:
make firm in me the power of your word. (119.33-40)**

Scripture and Meditation

Malachi 1.11

2 Corinthians 5.17-18

2 Corinthians 6.4-10

Colossians 3.12-15

Isaiah 55.6-11

Galatians 5.22-25

Ephesians 4.32-5.2

Philippians 4.8

Prayers for Myself and Others

Let me be at peace with myself. *Silence*

Let me accept that I am profoundly loved and need
never be afraid. *Silence*

Let me be aware of God—the source of being that is
common to all living creatures. *Silence*

I pray that I may cease to be a cause of suffering or pain to
another. *Silence*

With humility, I pray for peace in my heart, in my relationships, in my
community, and in the world. *Silence*

Lead me, O God, from death to life, from falsehood to truth;

lead me from despair to hope, from fear to trust;

lead me from hate to love, from conflict to peace.

Let peace fill the hearts of all your people, and may it be our way in the
world. **Amen.**



The Lord's Prayer

Our Father in heaven,
hallowed be your name,

your kingdom come,

your will be done,

on earth as in heaven.

Give us today our daily bread.

Forgive us our sins

as we forgive those who sin against us.

Save us from the time of trial

and deliver us from evil.

For the kingdom, the power, and the
glory are yours

now and for ever. **Amen.**

Prayer for Evening

Opening Prayer

From the rising of the sun to its setting,
may the Lord's name be praised.

Pause for a moment of silent reflection.



Almighty God, we give you thanks for surrounding us, as daylight fades, with the brightness of your vesper light. As this day ends, we offer up its hours in praise to you. Forgive what we have done and left undone that has hurt another. Dispel any darkness in our hearts, that by the fire of your love the eternal light of your truth may shine through us.

Amen.

O Gracious Light (Phos hilaron)

O gracious Light, pure brightness of the everliving Father,
O Jesus Christ, holy and blessed!

**Now as we come to the setting of the sun,
and our eyes behold the vesper light,**

we sing your praises: Father, Son and Holy Spirit.

You are worthy at all times to be praised by happy voices,

O Son of God, O Giver of life,

and to be glorified through all the worlds.

Scripture and Meditation

Isaiah 55.6-9

Psalm 116

Amos 5.8

Matthew 5.3-12

Romans 12.1-2

Luke 15.4-10

John 15.12-17

Revelation 22.1-5

Prayers for Myself and Others

That this evening may be holy, good, and peaceful,

we entreat you, O Lord.

That we may be guided in paths of peace and goodwill,

we entreat you, O Lord.

That we may have compassion for the poor and all in need,

we entreat you, O Lord.

That hope may fill your church and the world,

we entreat you, O Lord.

That we may be forgiven for our offenses, and that those we have hurt may find the healing they need,

we entreat you, O Lord.

Keep watch, dear Lord, with those who work, or watch, or weep this night, and give your angels charge over those who sleep. Tend the sick, Lord Christ; give rest to the weary, bless the dying, soothe the suffering, have mercy on the afflicted, protect the joyous; and all for your love's sake.

Amen.

The Song of Simeon (Nunc dimittis)

Lord, set now your servant free

to go in peace as you have promised.

My own eyes have seen your salvation,

whom you have prepared for all the world to see:

A Light to reveal you to the nations,

and the glory of your people Israel.



The peace of all peace by mine this night; in the name of God: Father, Son, and Holy Spirit. **Amen.**

Prayer for Night

Opening Prayer

May the company of heaven guard us through the night,
and quiet the powers of darkness.

Our help is in the name of the Lord,
who is making the heavens and the earth.

A meditative silence is kept

We have wounded your love. **O God, heal us.**
We stumble in darkness. **Light of the world, transform us.**
We forget you are our home. **Spirit of God, dwell in us.**



Psalm 23

Dear Lord, my shepherd, you sustain me and feed me:

I want for nothing essential.

You lead me to lush meadows,
you lie me down by restful waters.

You refresh my soul for the journey,
and guide me along trusted roads.

The God of justice is your name.

Though I must enter the darkness of death,

I will fear no evil.

For you are with me, your rod and staff comfort me.

You prepare a table before my very eyes,
in the presence of those who trouble me.

You anoint my head with oil,
and fill my cup to the brim.

Your loving kindness and mercy meet me
every day of my life,

and I will dwell in the house of my God for ever.

Scripture and Meditation

Jeremiah 14.9

Psalm 121

Luke 6.27-38

1 John 4.18-20

Psalm 134

2 Timothy 1.7

Matthew 6.31-34

Ephesians 3.16-19



Night Hymn

Before the ending of the day,
Creator of the world, we pray,
That you, with love and lasting light,
would guard us through the hours of night.

O wisest Guide, grant all we ask,
fulfill in us your holy task,
surround us with your love and care,
and lead us on, your life to share.

A Final Thanksgiving

Lord, it is night. The night is for stillness.

Let me be still in the presence of God.

It is night, after a long day.

What has been done has been done; what has not been
done has not been done; let it be.

The night is dark.

Let our fears of the darkness of the world
and of our own lives rest in you.

The night is quiet.

Let the quietness of your peace enfold us, all dear to us,
and all who have no peace.

The night heralds the dawn.

Let us look expectantly to a new day, new joys,
new possibilities; in Christ's name we pray. Amen.